

MATE ACT TRAINING RESOURCES NOW AVAILABLE FOR PROVIDERS

In an effort to improve medication access and expand opioid training for providers, the Medication Access and Training Expansion (MATE) Act recently was enacted by the federal government. As a result, as of June 27, 2023, all DEA-registered providers are required to receive at least eight hours of training in pain management, prescribing practices and medications for addiction treatment for substance use disorders.

WHY DO I NEED THIS?

Although this training requirement is one more item on your already-full plate, it offers an opportunity to transform patient care and save lives! Even if you do not regularly prescribe opioids or treat patients with opioid use disorders, you will learn skills that apply to patients in your practice and people in your community.

HOW DO I COMPLETE THIS TRAINING?

There are multiple high-quality CME courses available, most of which are free of charge. A list is provided below. We are preparing content in EL4U to satisfy the requirement, and will update you when it's ready. Stay tuned for local, one-day, in-person CME courses to satisfy the requirement. However, the eight hours of training do not need to be completed in one session.

WHO NEEDS TO DO THIS?

- MATE training is “due” prior to the initial application or renewal of your DEA registration.
- DEA renewals occur in approximately a three-year cycle. The timing of your requirement will depend on your DEA registration expiration date (found on your certificate).
- This one-time requirement requires an attestation during your initial registration or renewal.
- Prior relevant training counts toward this requirement with documentation (e.g., prior addiction medicine, substance use disorder or opioid use disorder CME training). You may have already completed relevant training for prior MA licensing requirements.
- All DEA-registered prescribers are required to complete this training – even if you do not prescribe opioids.

WHO IS EXEMPT?

- Physicians who are **board-certified in addiction medicine and addiction psychiatry** are exempt from MATE training.
- Individuals who completed the **eight-hour X-waiver training** also are exempt from this requirement. *However, if you received an X-waiver through the intent-to-prescribe pathway without training, you must complete the training requirement.*

- Practitioners who **graduated after June 27, 2018**, in good standing from a medical (allopathic or osteopathic), dental, physician assistant, or advanced practice nursing school in the United States, and successfully completed a comprehensive opioid/substance use disorder curriculum that included at least eight hours of training.
 - Graduates of UMass Chan Medical School and Tan Chingfen Graduate School of Nursing who participated in the Opioid Safe Training Immersion/Opioid Conscious Curriculum meet this requirement.
 - If you are unsure whether your school provided at least eight hours of comprehensive training on these topics, please complete the eight-hour MATE training requirement (resources below).

MULTISPECIALTY APPROPRIATE

- [Providers Clinical Support System](#) (a SAMHSA resource): Free. Recommended by the American Academy of Physician Assistants and the American Academy of Addiction Psychiatry to their members. Strong focus on opioid use disorder recognition and treatment, in addition to chronic pain management. They have many offerings that will allow you to tailor your experience and satisfy the requirement. Here is one place to get started.
- [American Medical Association](#): Free for members and non-members. Fifty-eight hours of CME credit available – you choose the eight hours that are of most interest to you or most relevant to your practice.
- [New England Journal of Medicine](#): Free for subscribers and non-subscribers. More than 60 bank-style questions with curated modules based on your responses.
- [Scope of Pain](#): Free (some elective content available for \$25). Strong focus on chronic pain and opioid management. There are numerous 0.5 - 1 hour CME programs in the core curriculum and supplemental training.
- [MCSTAP Call-In Hour](#): Free. Monthly CME webinar, usually noon on 3rd Wednesdays of each month. Expert faculty from Massachusetts present case-based discussions. Register for monthly sessions [here](#).
- [Pri-Med Online CME](#): Free. Thirteen sessions of 0.5 - 1 hours on pain and opioid use disorder. Select “MATE Act” under topic to find relevant content.
- [CDC Online](#): Free. Four training modules on SUD recognition, evaluation and treatment.

MORE SPECIALTY-FOCUSED

- [American College of Emergency Physicians](#): Free.
- [American Osteopathic Academy of Addiction Medicine](#): \$395.
- [American Society of Addiction Medicine](#): \$149 for members and \$199 for non-members.
- [American College of Medical Toxicology](#): Free for members, \$100 for non-members.



REMINDER: TOOLS FOR SAFE OPIOID MANAGEMENT AND PRESCRIBING

Over the past year, several new tools were created to make safe management of opioid prescribing easier for our providers. Guideline-concordant care is essential for unfettered access to quality care and mitigation of risk. Please review the [Recommendations for Safer Opioid Prescribing](#), and the recommended [Drug Testing and Monitoring Panel](#), which assures monitoring for fentanyl exposure that other drug screens in use fail to provide. Toxicology testing is recommended at least twice a year for any patients receiving chronic opioid therapy. A consultation team was created to advise on treatment plans and assess the appropriateness of chronic opioid therapy using the [Ambulatory Referral for Opioid Management](#) for a prompt consultation.

If you become aware of high-quality resources that are missing from this list (or closed), please email kavita.babu@umassmemorial.org. We will try to keep this list evergreen.

